



Dept. of Family Medicine

Understanding and Treating Gender-Diverse People

A continuing medical education program

On “Providers Day” of the Annual TransOhio Transgender & Ally Symposium

Friday, April 26, 2019
Ohio Union of The Ohio State University
1739 N High St, 3rd Floor
Columbus, Ohio 43210

Overview:

With about 1.4 million trans-identifying adults and a proportionate number of trans youth in the US alone, a typical primary-care practice includes an average of over a dozen such patients – not all of whom are necessarily out to their medical providers. Transgender and gender non-conforming individuals comprise a particularly marginalized, disadvantaged and vulnerable population for whom guidelines for appropriate care are only just starting to emerge in medical curricula. This program is designed to bring both context and actionable guidelines that medical professionals can use in caring for their trans patients.

Agenda:

- 8:00-9:00 Registration/Breakfast/Announcements
- 9:00-10:30 Becoming a trans-friendly and competent medical provider – Gary Cordingley, MD, PhD, Associate Lecturer, Department of Specialty Medicine, OU-HCOM
- 10:45-12:15 WHY you should manage hormones for trans people and HOW you can do it! – Jane Balbo, DO, Assistant Professor, Department of Family Medicine, OU-HCOM
- 12:25-1:30 Lunch
- 12:45-1:15 Luncheon keynote address: The Next "*Generation*" of Youth: Taking Gender to a New Dimension – Scott Leibowitz, MD, Associate Clinical Professor of Psychiatry, The Ohio State University College of Medicine and Nationwide Children’s Hospital (0.5 hours)
- 1:45- 3:15 The ABCDE Approach to Multidisciplinary Care: Affirmative, Balanced, Comprehensive, Developmentally-informed, & Evidence-based – Scott Leibowitz, MD

3:30-5:00 Gendercraft: Safe and effective expression of gender identity – Gary Cordingley, MD, PhD

Target Audience:

Physicians, nurse practitioners, nurses and other medical professionals.

Objectives:

1. Develop a foundational knowledge about gender diversity, barriers to healthcare, disparities in health outcomes, how certain procedures and physical features of medical facilities can distress trans people, and how these features can be favorably modified.
2. List which medical procedures are most desired and obtained by trans people and describe the major features of top and bottom gender surgeries.
3. Describe the purpose of WPATH standards of care for gender-diverse people and the differences between “therapist letter” and “informed consent” models for trans health care. List hormones used in masculinizing and feminizing regimens, their effects, time courses, side-effects and contraindications.
4. Summarize the gaps and controversies in the multidisciplinary care of trans youths, differences in approach to care according to stage of life, and the nature of the evidence base concerning gender-affirming medical interventions.
5. Describe tools other than hormones and surgeries for gender-diverse people who wish to masculinize or feminize their gender expressions and any risks they may entail. Define “passing” and explain why it is an emotionally fraught subject among trans people.

Continuing Education Credits:

The Ohio University Heritage College of Osteopathic Medicine is accredited by the American Osteopathic Association to provide osteopathic continuing education for physicians. The Ohio University Heritage College of Osteopathic Medicine designates this program for a maximum of up to **6.5 hours of AOA Category 1-A credit** and will report the CME and specialty credits commensurate with the extent of the physician’s participation in this activity.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of Ohio State Medical Association through the joint providership of St. Rita’s Center for Continuing Education (SRCCE) and Ohio University Heritage College of Osteopathic Medicine – Area Health Education Center (AHEC). SRCCE is accredited by the OSMA to provide continuing medical education for physicians. SRCCE designates this live activity for a maximum of up to **6.5 AMA PRA Category 1 Credit(s)™**. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

Nursing credits are anticipated but still in process.

Detailed brochure coming... Watch this space!

To attend this medical track (and not the full three day symposium) register for Providers Day (\$150).